



OUR FOOD TRAY SELECTIONS

SANDWICH TRAYS

Salad Sandwich Only Tray
Turkey-Egg-Tuna-Salmon-Mixed Ham

Sliced Meats Only Tray
Chicken Breasts-Black Forest Ham -
Roast Beef-Smoked Meat

Mixed Salad & Sliced Meat Tray

(All Sandwiches are served on White or Whole Wheat Bread, Pita Wraps, Kaiser, Ciabatta or Hoagies)

Our chef's freshly made Homemade Soup is served with our Soup and Sandwich combo.

MORNING TRAY

Freshly baked muffins, danish, donuts and cinnamon rolls.

SALADS

Caesar, Tossed, Greek, Pasta, Potato, Coleslaw
You can also add seafood or meat to salads.

ASSORTED MEAT TRAY

A variety of turkey, roast beef, black forest ham, salami, pepperoni & smoked meats.

CHEESE & CRACKER TRAY

Three types of cheese with assorted crackers and grapes.

FRESH FRUIT TRAY

Fresh bite sized fruit

VEGETABLE TRAY

Fresh bite sized garden vegetable perfect for dipping in our dips.

SWEET TRAY

A delicious, tempting, assortment of homemade squares.

BEVERAGES

Spring Water, Assorted Juices, Soda Pop
Coffee/Tea Service.

FOR COMPLETE PRICING AND OPTIONS

Contact Us at: Phone 506.855.3530 Fax: 506.384.1699 Email: info@supergourmetcatering.ca



HOT & COLD HORS D'OEUVRES

- Steamed Mussels
- Chicken Teriyaki Bits w/ Peppers
- Stuffed Mushrooms w/crab
- Mini Egg Rolls
- Smoked Oyster/Salmon Cream Cheese
- Baked Oysters
- Lobster Canapés
- Jumbo Shrimp
- Deviled Eggs
- Bacon Wrapped Scallops
- Meatballs
- Chicken Wings
- Stuffed Tomatoes

HOT & COLD BUFFET

CHOICE OF HOT ITEMS

- Beef Tips w/ Green Peppers
- Mini Egg Rolls
- Lasagna
- Meat Balls
- BBQ Chicken
- Chicken Wings
- Stuffed Sole
- Hip of Beef
- Pizza

CHOICE OF SIDES

- Mashed Potatoes
- Baked Potatoes
- Oven Roasted Potatoes
- Rice Pilaf

CHOICE OF VEGETABLES

- Carrots
- Green Beans
- Corn
- Peas
- Mixed Vegetables

CHOICE OF SALADS

- Coleslaw
- Pasta Salad
- Caesar Salad
- Potato Salad
- Tossed Salad
- Greek Salad

ALSO AVAILABLE

- Vegetable Tray
- Coffee / Tea
- Rolls / Butter
- Assorted Squares



Our Menu Selections

DINNER BUFFET

CHOICE OF HOT ITEMS

- Hip of Beef
- Seafood Casserole
- Beef Tip w/Peppers
- Roast Chicken
- Hunter Style Chicken
- Meatballs w/Mushroom Sauce
- Chicken Breast in White Wine Sauce
- Turkey

CHOICE OF SALADS

- Coleslaw
- Caesar Salad
- Tossed Salad
- Pasta Salad
- Potato Salad
- Greek Salad

CHOICE OF SIDES

- Mashed Potatoes
- Oven Roasted Potatoes
- Baked Potatoes
- Rice Pilaf

CHOICE VEGETABLES

- Carrots
- Corn
- Mixed Broccoli & Cauliflower
- Green Beans
- Peas

ALSO AVAILABLE

- Vegetable Tray
- Coffee / Tea
- Fresh Rolls / Butter
- Assorted Deserts



BBQ MENU

- 8oz or 10 oz New York Steak Dinner
- Maple Glazed Salmon
- Steak and Lobster
- BBQ Chicken Breasts
- Steak And Jumbo Shrimp
- BBQ Ribs

ALL MEALS INCLUDE

- Choice of Salads
- Choice of Sides
- Desert
- Fresh Rolls / Butter
- Seasoned Vegetables
- Tea and Coffee





DINNER PARTY MENU

APPETIZER CHOICES

- Jumbo Shrimp Cocktail
- Steamed Mussels w/ Pesto Sauce
- Garden Salad w/ Marinated Shrimp and Scallops
- Tossed Salad
- Bacon Wrapped Scallops

MAIN COURSE CHOICES

- Filet Mignon
- Chicken Breast w/ White Mushroom Sauce
- Chicken Cordon Bleu
- Shrimp & Scallop Scampi
- Maple Glazed Salmon

POTATO CHOICES

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|----------------|-------------|
| - Oven Roasted | - Parisian |
| - Baked | - Mashed |
| - Rice Pilaf | - Wild Rice |

VEGETABLE CHOICES

- Fresh Green Beans Sauteed in Garlic
- Baby Glazed Carrots
- Broccoli & Cauliflower w/ Hollandaise Sauce
- Stir-Fry w/ Ginger Sauce

DESERT CHOICES

- Chocolate Caramel Pecan Cheese Cake
- Fresh Fruit Salad w/ a Cointreau Sauce
- Black Forest Cake

SERVED DINNER MEALS

- Prime Rib
- Chicken Cordon Bleu
- Chicken Kiev
- Roast Beef
- Roast Turkey
- Stuffed Filet of Sole
- Roast ½ Chicken
- Sauteed Chicken Breast w/ Mushroom Sauce

SERVED DINNERS CAN INCLUDE

Garden salad, fresh rolls and butter, choice of potato, seasoned vegetables, dessert, tea and coffee.

DELUXE APPETIZERS

- Jumbo Shrimp Cocktail
- Steamed Mussels in Garlic Sauce
- Seafood Tossed Salad

